

NWT Clinical Practice Information Notice

UPON RECEIPT: (1) PLEASE FOLLOW THE DIRECTIONS BELOW
 (2) FILE THIS NOTICE IN SECTION C, CLINICAL PRACTICE INFORMATION BINDER FOR FUTURE REFERENCE

The following clinical practice has been approved for use in the Northwest Territories Health and Social Services system, and has been distributed to:

- Hospitals
 Community Health Centers
 Public Health Units
 Doctors' Offices
 Social Services Offices
 Other: _____

The information contained in this document is a Departmental:

- Policy
 Standard
 Protocol
 Procedure
 Guidelines

Title: Growth Chart Standards Girls and Boys

Effective Date: March 23rd, 2007

Statement of approved clinical practice:

The NWT Maternal Perinatal Committee recommends the use of the current CDC (Centers for Disease Control and Prevention) growth chart standards forms:

1. CDC Birth to 36 months: Girls (2001)– using 3% and 97%tile forms
 Length-for-age and Weight-for-age
 Head circumference-for-age and Weight-for-length percentiles
2. CDC 2 to 20 years: Girls (2000)
 Body mass index-for-age percentiles
 Stature-for-age and weight-for-age percentiles
3. CDC Birth to 36 months: Boys (2000) – using 3% and 97%tile forms
 Length-for-age and Weight-for-age percentiles
 Head circumference –for-age and Weight-for-length percentiles
4. CDC 2 to 20 years: Boys (2001)
 Stature-for-age and Weight-for-age percentiles
 Body mass index-for-age percentiles.

Growth charts are tools that contribute to forming an overall clinical impression for the child being measured.

They are available directly from the CDC on-line at <http://www.cdc.gov/growthcharts/>

Please replace your current outdated growth charts, as the existing stock is used up, with the CDC recommended charts.

Attachments: Four CDC growth chart standards forms.

This clinical practice is approved.



(signature)

Assistant Deputy Minister
 Chief Medical Officer of Health
 Director, Child & Family Services
 Director, Adoptions