

# NWT Clinical Practice Information Notice

Upon receipt, please file this notice in **Section C, Clinical Practice Information Binder** for future reference.

The following clinical practice has been approved for use in the Northwest Territories Health and Social Services system, and has been distributed to:

<input checked="" type="checkbox"/>	Hospitals	<input checked="" type="checkbox"/>	Community Health Centers	<input type="checkbox"/>	Homecare	<input type="checkbox"/>	LTCF	<input type="checkbox"/>	Lab Directors
<input checked="" type="checkbox"/>	Doctors' Offices	<input type="checkbox"/>	Social Services Offices	<input checked="" type="checkbox"/>	Public Health Units	<input type="checkbox"/>	Other	<input type="checkbox"/>	

The information contained in this document is a Departmental:									
<input type="checkbox"/>	Policy	<input checked="" type="checkbox"/>	Standard	<input type="checkbox"/>	Protocol	<input type="checkbox"/>	Procedure	<input type="checkbox"/>	Guideline

**Title: NWT Child Growth Chart Standard**

**Effective Date:** October 24, 2011

**Statement of approved Clinical Practice:**

**All Health and Social Services Authorities and Agencies providing child growth monitoring in the NWT shall adopt the use of the World Health Organization (WHO) Growth Chart Standards forms.**

Proper monitoring allows early identification of potential nutrition or health problems and enables proactive actions to be taken before a child's health is jeopardized. In fact, growth monitoring is the single most useful tool for defining health and nutritional status in children at both an individual and population level.

In the NWT, child growth monitoring is an important component of Community and Public Health Nursing core programming and is a basic element of the care delivered to children by other primary care and specialist practitioners. The adoption of the WHO Growth Chart Standards forms will ensure consistency of practice throughout the NWT HSS system and is congruent with current Canadian best practice on the topic.

**THIS CPI REPLACES AND SUPERCEDES THE "GROWTH CHART STANDARDS GIRLS AND BOYS" DATED March 23, 2007**

WHO growth charts adapted for Canada are available on-line at <http://www.dietitians.ca/Secondary-Pages/Public/Who-Growth-Charts.aspx>

**Attachments: WHO growth chart standards forms**

This clinical practice is approved. Original Signed by Ms. Debbie DeLancey  
(signature)

Deputy Minister

Chief Public Health Officer

Director, Child & Family Services

Director, Adoptions







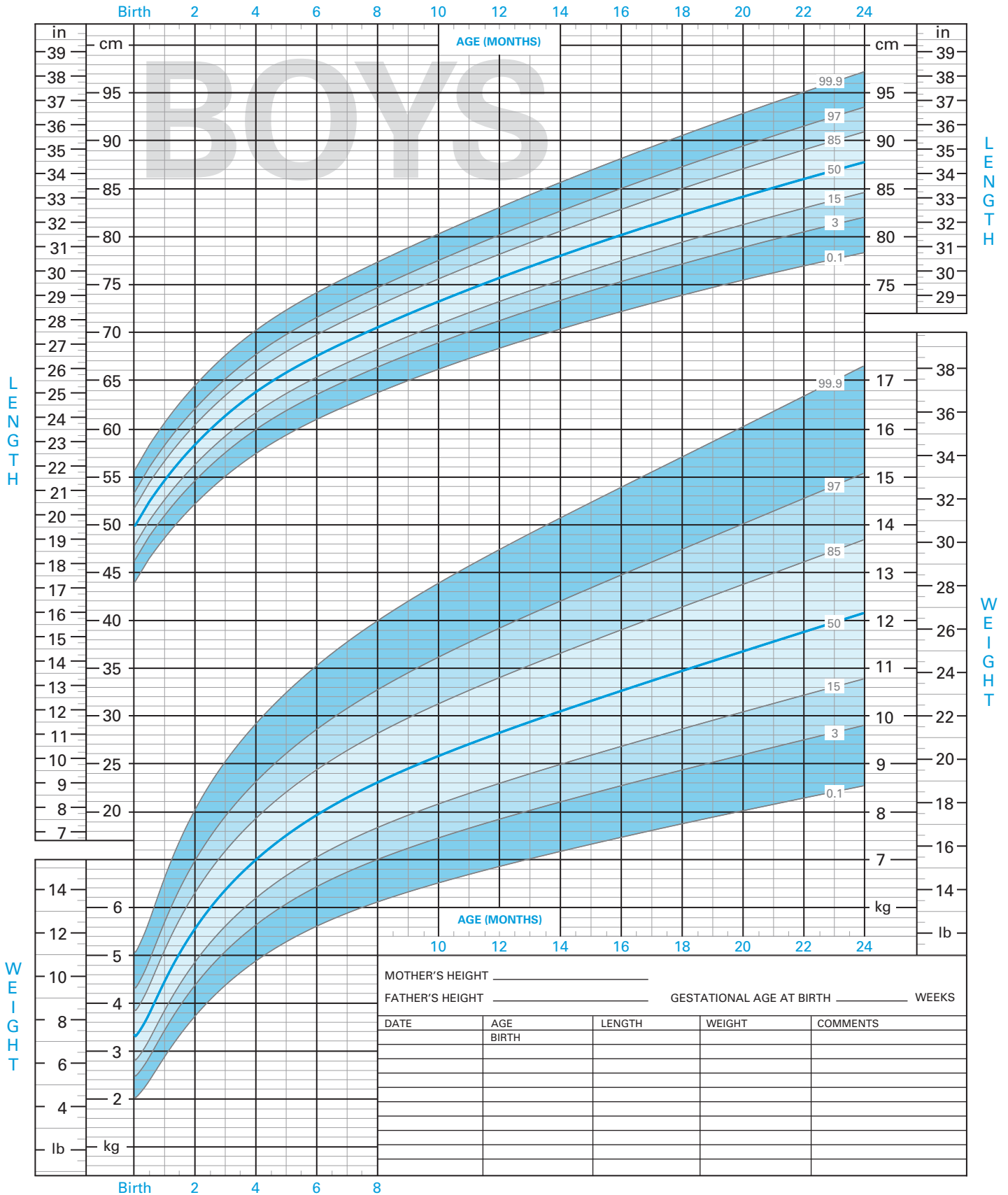


BIRTH TO 24 MONTHS: BOYS

Length-for-age and Weight-for-age percentiles

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_ RECORD # \_\_\_\_\_



SOURCE: Based on the World Health Organization (WHO) Child Growth Standards (2006) and adapted for Canada by Dietitians of Canada, Canadian Paediatric Society, the College of Family Physicians of Canada and Community Health Nurses of Canada.

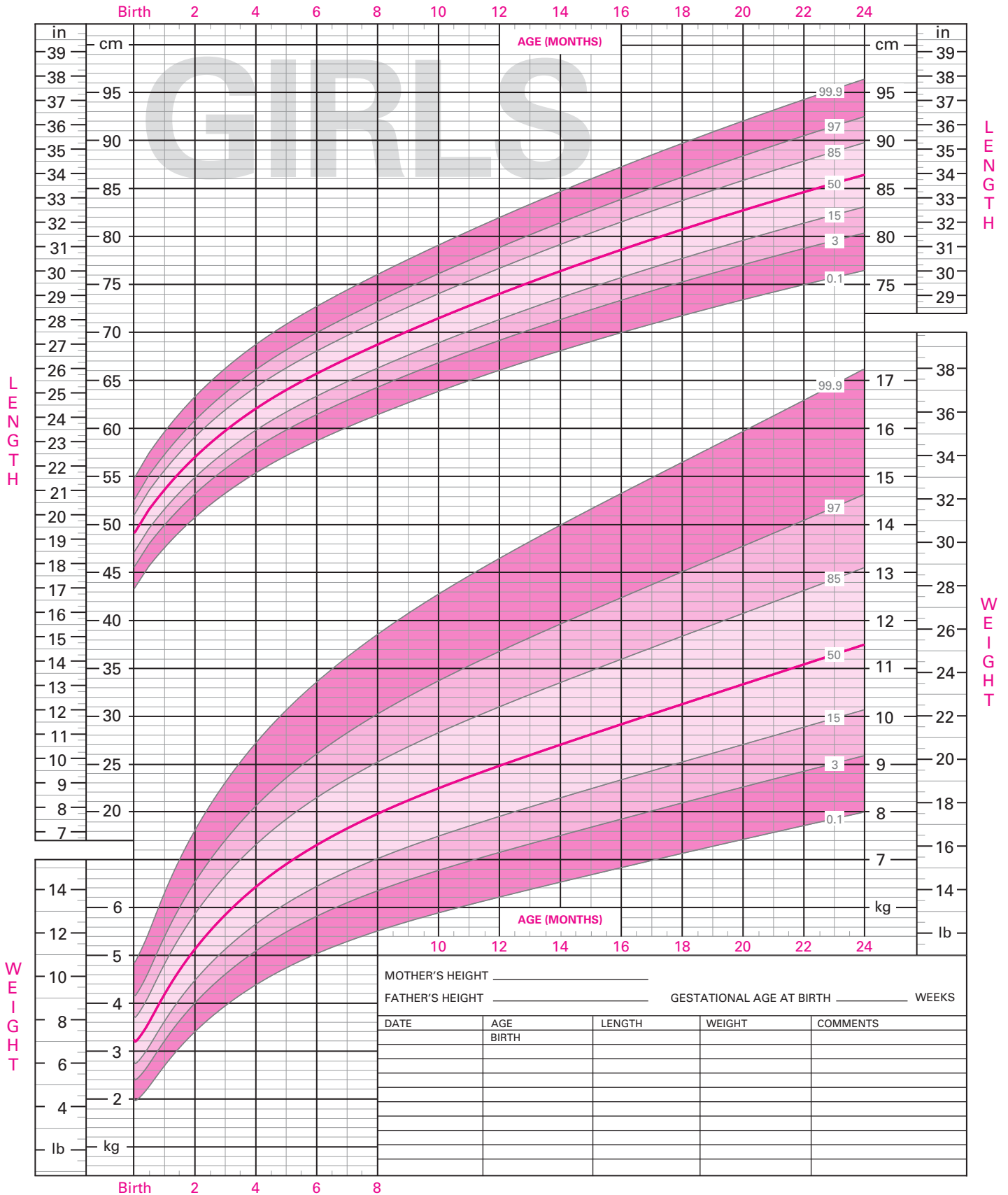
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BIRTH TO 24 MONTHS: GIRLS

Length-for-age and Weight-for-age percentiles

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_ RECORD # \_\_\_\_\_



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