

Home Care in your Community

Anyone can use home care if they have a need identified by an assessment. Eligibility of services depends on the availability of caregiver support from family and friends.

Several home care workers may be required depending on a person's needs. Doctors, nurses, home support workers, social workers, and many other workers provide home care services.

Don't be shy – ask questions.

If you would like this information in another official language, contact us at (867) 920-3367. Si vous voulez ces informations dans une autre langue officielle, contactez-nous à (867) 920-3367.

Who can I call?

If you or someone you love needs home care, please call the numbers below:

- Behchokò 392-3018**
- Colville Lake . . 709-2409**
- Deline 589-5539 or 589-5540**
- Fort Good Hope 598-2211**
- Fort Resolution 394-5010**
- Fort Simpson . 695-2293 ext. 227**
- Fort Smith 872-6222 or 872-6204**
- Hay River 874-7201**
- Inuvik 777-7399**
- Lutsel K'e 370-3115**
- Norman Wells . 587-3688 or 587-3658**
- Tulita 588-3100**
- Yellowknife . . . 920-3338**

You can call all the above numbers for a review of your services or if you want to learn more about becoming a home care worker.

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Northwest
Territories Health and Social Services

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What is home care?

Home care provides health services free of charge to help people gain or maintain their independence at home or in the community.

Home care supports people of all ages, dependant on their abilities with their regular activities of daily living.

Some things a home care worker might do for you:

- Help with medical equipment a nurse or a doctor has recommended.
- Help family members take care of loved ones.
- May assist with home exercise routines.
- Helps individuals and families spend their last days at home instead of in a hospital.

What type of home care can I use?

Acute Care:

For acute illness that makes someone very sick, homecare workers may assist in the home.

Post Hospital Care:

If someone has just been discharged from the hospital, they may still need some help with bandage changes, medications etc. when they get home.

Chronic Illness Care:

For a long-term illness, a home care worker may assist in the home.

Nutrition Services:

A home care worker may assist with meal preparation if needed. Where available meals may be delivered to your home (fee may apply).

Palliative Care:

End of life services may be provided in the home by trained health care workers.

Personal Care:

A trained health care worker may help bathe, dress or feed an individual.

Respite Care:

A home care worker may take care of a home care client a few hours a week to give the main caregiver a break.